

10th Step Call Script

Quick Outline

Primary Caller's Turn

3rd Step Prayer

Read your Resentment/Fear

Amends?

Service

Partner's Turn

Read your Resentment/Fear form

Amends?

Service

7th Step Prayer

[Primary Caller in Black. **Secondary Call Receiver in Green.**]

Hello, this is _____.

Would you like me to go first? *Partner responds: Yes. The person who makes the call usually goes first.*

OK. I will **start with the Third Step Prayer.**

God, we offer ourselves to Thee---to build with us and to do with us as Thou wilt. Relieve us of the bondage of self, that we may better do Thy will. Take away our difficulties, that victory over them may bear witness to those we would help of Thy

Power, Thy Love, and Thy Way of life. May we do Thy will always! Amen.

OK. I have a fear.

Then you just read the FEAR form found at www.oabiqbook.info.

It is very important that you WRITE out and process (say the prayers) and turn this over to your HP prior to sharing this with your 10th Step Partner. Don't waste your partner's time by trying to do on the fly...

I am fearful of: _____ . *Limit this to one sentence. Get to the point.*

Why do I have the fear? *Be brief. One or two sentences only.*

Where was my trust & reliance? *Pick one: Infinite God or My Finite Self*

Did self-reliance work? *Pick one: Yes or No*

Say the Fear Prayer: "God, please remove my fear and direct my attention to what you would have me be."

What would God have me be? God would have me be _____ . *Read what you have written out as your answer to this question.*

No Amends is necessary. I will make an outreach call after this.

That's all I have. Pass. (Typically no feedback is given after a fear is shared.)

Partner responds: OK. Great. I have a resentment.

All you do is **read the RESENTMENT form found at www.oabigbook.info**. It is extremely important that you **write out** your resentment and process it with your HP prior to sharing it with your 10th Step Partner. Please be respectful of your partner's time.

I'm resentful at: _____ . One word or a brief sentence.

The causes: _____ . Keep this to 19 words or **less**. A few **brief** sentences only.

Affects my: _____ . Self-esteem, security, ambitions, personal relations, sex relations, is any fear involved?

If they have harmed/offended you say: God, _____ is spiritually sick. How can I be helpful to them? God save me from being angry. Help me to avoid retaliation or argument. Thy will be done.

Or say the resentment prayer: God, please help me show _____ the same tolerance, pity and patience I would cheerfully grant a sick friend. Help me to avoid retaliation or argument. Thy will not mine be done.

I am selfish because: _____ . Read what you have written from the **Character Defects Sheet** or **Character Defects Personalization Sheet**.

I am dishonest because: _____ . Read what you have written from **Character Defects Sheet** for each defect category.

I am self-seeking: _____ .

I am frightened of: _____ .

*If fear is involved then you go directly to your **FEAR Form** from www.oabigbook.info that you have already filled out and read that form as well.*

*If there is **no fear** involved state whether you owe an amends if harm was done. Example: I need to make an amends and will do so when we get off the phone. Or...I already made an amends. Or...No amends necessary, it was all going on in my mind and I never said anything.*

Now say what you are going to do to resolutely turn your thoughts to someone you can help. Example: To be of service, I will make an outreach call.

*That's all I have. (You can ask for feedback IF YOU WANT TO. **THIS IS NOT REQUIRED.**) If you want feedback say: Any feedback?*

*IF YOU ASKED FOR FEEDBACK, your partner will ask their HP for guidance on what to say and will then offer **ONE SENTENCE of kind, respectful feedback** like these examples: I liked what you said about _____. Or...Do you think it's possible you were also afraid that _____? Another possibility might be...Good insight into what you were telling yourself, that was not true. Or...Nice job identifying how you were playing god.*

Following their feedback, you could respond with "I will consider that." or just, "Thank you."

To end your share: I will end with the 7th Step Prayer: Our Creator, we are now willing that you should have all of us, good and bad. We pray that you now remove from us every single defect of character which stands in the way of our usefulness to you and our fellows. Grant us strength, as we go out from here, to do your bidding. Amen.

Ending the call: Does this same time work for you tomorrow? OK. It is my turn to make the call, so I will call you then. Good bye.

Summary of 10th Step Call Script

- 1. Third Step Prayer***
- 2. Read your Resentment and/or Fear Inventory Form from www.oabigbook.info.***
- 3. State if Amends needed.***
- 4. State what service you are going to do to “resolutely turn your thoughts to someone you can help.”***
- 5. Partner Reads Their Resentment and/or Fear Inventory Form from www.oabigbook.info***
- 6. Partner States if Amends is needed.***
- 7. Partner states what they are going to do to be of service.***
- 8. Partner ends with 7th Step Prayer***

